

## Parents: Make a difference!

We are looking for parents to join our advisory group

Are you interested in  
improving children's  
health and  
wellbeing?



Do you currently have a child in  
primary school, enjoy working as  
part of a group, and  
sharing your ideas  
and perspectives?



Would you like to learn more  
about patient and public  
involvement  
in research?

**PPI**

Can you attend up to  
four meetings a year, at  
a convenient  
location?



### Why join our advisory group?

This is an opportunity to:

- Be involved in the 'DEAL Study' which focuses on the emotional health and wellbeing of children in primary schools
- Talk about your experiences and give your feedback
- Receive a £10 shopping voucher for each meeting



If you are interested and would like more information please contact:

Jasmine Childs-Fegredo by email at [jc2039@medschl.cam.ac.uk](mailto:jc2039@medschl.cam.ac.uk)

Ana-Rita Nunes by email at [Ana-Rita.Nunes@healthwatchcambridgeshire.co.uk](mailto:Ana-Rita.Nunes@healthwatchcambridgeshire.co.uk)

Support and training will be provided, and reimbursement will be given for travel needed to carry out the role.

# What is 'DEAL'?

**DEAL stands for  
Developing Early identification and Access in Learning  
Environments**

- **The focus of the study is on finding out about the best ways that schools can spot early signs of children's emotional health difficulties**
- **Through the most up to date research, we know that children who receive help sooner rather than later are more likely to recover quickly and are less likely to experience difficulties in the future**

## Who is running this project?

**We are a team of researchers at the University of Cambridge.  
We are interested in understanding how best to support the emotional health and wellbeing of children, young people and their families.**

**Through the DEAL study we want to find out how best to support schools to spot the early warning signs of emotional difficulties so that children can get the right help as soon as possible.**

## How can I help?

**You would be part of an advisory group and have your voice heard.  
You don't need to be an expert or have any knowledge of research  
We are interested in your views,  
as a parent with a child who has attended or is attending primary school.**

